



Love Him Love Them

Give Hope, Touch Lives, Change Hearts

Immunizations - Mission Trips

These are the recommendations of the CDC

All Travelers

Routine Vaccines - Make sure you are up-to-date on routine vaccines before your trip. These vaccines include measles\mumps\rubella vaccine, diphtheria\tetanus\pertussis vaccine, chickenpox, polio and yearly flu shot.

Most Travelers

Get travel vaccines and medicines because there is a risk of these diseases in Haiti:

- **Hepatitis A** – This is recommended because you can get Hep A through contaminated food or water, regardless of where you are eating or staying.
- **Malaria** – You will need to take prescription medicine before, during, and after your trip to prevent malaria. **Your doctor can help you decide which medicine is for you.
- **Typhoid** – CDC recommends this vaccine especially if you are staying with friends or relatives, visiting smaller cities or rural areas, or if you are an adventurous eater.

Some Travelers

Ask your doctor what vaccines you need based on where you are going, how long you are staying.

- **Cholera** – This is found in most parts of Haiti. It is very rare in travelers, but by avoiding unsafe food and water and wash your hands frequently.
- **Hepatitis B** – this is transmitted through sexual contact, contaminated needles and blood products.
- **Rabies** – Can be found in animals in Haiti so CDC recommends this if you are going camping, hiking, other long term outdoor activities, moving to Haiti or a child.



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